2019-2020 Jason Lee

Fall Sports Season Important Dates

REGISTER ONLINE BEGINS JULY 16TH www.familyid.com

Tackle Football (8th grade)

Contact: Head Coach Doug.Graham@vansd.org

- *Tackle football start practice August 21, end Oct 16
- *Tackle football games on Sept. 11, 18, 25, Oct. 2, 9
- *Tackle football-seeded games on Oct. 16 @ Kiggins

Flag Football (Boys and girls 6th-7th grade)

Contact: Head Coach: Eric.Overholser@vansd.org

- * Flag start practices August 26 (**cut-off date is 8/30), end Oct. 10
- * Flag game dates: Sept. 11, 13, 16, 18, 20, 23, 25, 27, 30, Oct. 2, 4, 7, 9

Volleyball (Girls 7th-8th grade)

Contact: Head Coach: <u>Taylor.Johnson@vansd.org</u> (8th grade)

Melissa.Gonzalez@vansd.org (7th grade)

- *VB start practices August 26 (**cut-off date is 8/30), end Oct. 10
- *Volleyball game dates: Sept. 11, 13, 16, 18, 20, 23, 25, 27, 30, Oct. 2, 4, 7, 9
- *Volleyball district tournament October 10 @ Jason Lee

Cross Country (Boys and Girls 6th-8th grade)

Contact: Head Coach: <u>Tahlia.Silvey@vansd.org</u> (Girl's team)

Head Coach: <u>Joie.Matteo@vasnd.org</u> (Boy's team)

- * XC start practices August 26 (**cut-off date is 8/30), end Oct. 10
- *Cross Country meets: Sept. 10, *13 (Run-a-Ree @ HB), 17, 26, Oct. 3, 7